

August

M	T	W	Th	F	Sat
18. grades 9-12 registration 6-8 in cafeteria. Buy spirit pack \$70. Coach meeting after.	19. Lifting 7:15-8:15 AM Running 4:00-4:45 awards @ 5:00 get game clothes @ 5:30 pizza 6:15, blitz night 7-9:30	20. Practice JV-V @ Lampson 3-5 (Helmets, Shorts) @KaHS 6:30-7:45 (Special Teams)	21. Practice @KaHS 3:30-4:45 (Special Teams) 5-7 PM @ Lampson (helmets, shorts)	22. Practice 7-10 PM @ Lampson (helmets, shorts)	23. JV-V Practice 9-11:30 @ Lampson Full Gear @ KaHS 6:30:45 (Special Teams)
25. Lifting 7:15-8:15 AM Practice @KaHS 3-5:30 full gear 6:30-7:45 @KaHS Special Teams	26. School Starts Practice @KaHS 2:30-5:30	27. Practice @ KaHS 2:30- 5:30	28. Practice @ Lampson 5- 7 PM	29. Practice @ KaHS 3-4:45 Special Teams @ Lampson 5- 7 PM	30. Leave for Seattle 6:15 AM \$10 per player WSU v. Okla St. Arrive home @ 10:30

September

M	T	W	Th	F	Sat
1. Labor Day Picture Day 9-12 @Lampson in game gear Rook: 9:00 JV: 9:30 V: 10:30 Practice JV-V 8:30-9:30 AM 10:30-12 7-9 PM @ Lampson	2. Start Study Hall 2:20-3:00 Practice 3:15-5:30	3.	4.	5.	6.

* Why do we have "Spirit Pack?"

Spirit Packs are a combination of clothes that say "Kamiakin Football!" Additionally, Spirit Packs are a way to add game clothing that will not be paid for by the athletic budget/ Finally, we want players walking around with "Kamiakin Football: instead of other shirts teens like to wear in 2008.

(Cost \$70)

Frosh Spirit Pack

- game socks
- game jersey
- 2 Russell shirts
- Nike Wrist Bands
- decals

(Cost \$70)

JV-V Spirit Pack

- game socks
- 1 under armor shirt
- 2 Russell Shirts
- Nike Wrist Bands
- decals